Luke 1
[79] To give light to them that sit in darkness and in the shadow of death, to guide our feet into the way of peace.

Please Consider These Websites....

For Parents.....
www.notmykid.org
www.bblocks.samhsa.gov
www.drugfree.org
www.family.samhsa.org
www.findtreatment.samhsa.gov
www.theantidrug.com
www.sober.com
www.hbo.com/addiction

For Kids and Teens.....
www.abovetheinfluence.org
www.checkyourself.org
www.freevibe.com
www.justthinktwice.com
www.mediacampaign.org
www.sadd.org
www.thecoolsplot.org
www.toosmarttostart.samhsa.gov
www.throughwithchew.com
www.bethecatalyst.org

For College Students.....
www.collegedrinkingprevention.gov

Saint Margaret Parish
Substance Abuse Ministry
141 Hickory Avenue
Bel Air, Maryland 21014
Phone: 410-838-6969
410-879-2670

www.stmargaret.org/SubstanceAbuseMinistry.htm
THE TRUTH

Sixty-Six (66) people died from drugs or alcohol in Harford County in the past two years.

One Thousand, One Hundred Seven (1,107) people received DWI, DUI, or Alcohol citations in the county in 2008.

The top 5 drugs of choice in the county last year were (1) Alcohol, (2) Marijuana, (3) Heroin, (4) Crack, (5) Oxycodone.

Of the more than 2,000 Drug Treatment Admissions in Harford County recently over 27% of them were Bel Air Residents.

Nationwide in 2010, Underage Drinking killed more than 5,000 young people below the age of 21.

ONE HUNDRED (100) Harford County Residents have died from Prescription Drugs over the past 5 years

When your blood alcohol level reaches .40, you die.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; That I may be reasonably happy in this life and supremely happy with Him Forever in the next. Amen.

-Reinhold Niebuhr

Addiction is a destructive relationship with a substance, activity or person.

Recovery is a life-long journey and not a quick fix, requiring - with God’s help - a strong personal commitment and daily effort.

Prevention is an active process that creates and rewards conditions that lead to healthy behaviors and lifestyles.